



tRiBe SPA

A beautifully curated medley of treatments to delight the senses and melt the body.

Calibrate 517 60m

Surrender to the sensation of having your body gently Realigned and perfectly 'put back together' again with a body massage like no other, supported lying face down encouraging gravity to enhance the experience.

triBACTIF (facial) 60m

The active capsule facial to refine and relax promoting skin health naturally, with our indulgent and exceptional Softening or Youth Elixir '517 Super Shots' to enhance and enrich your complexion, customised to address your skin concerns with our elite ACTIF8 skin work out massage, warm pliable mask and intense scalp touch.

Hot Rocking Relax 60m

Recalibration for rocking relaxed muscles and mind. Your choice of Heal & Health body oil or Hypnotic Sleep Balm combined with hot terracotta orbs for a full body massage of intense pleasure for tired bodies, aching muscles and fraught minds. Relinquish control and rebalance your entire being.

Mama Love 60m

Delicate nourishing 'Beautiful Hero' product and supporting pillows make for a 'Love of Massage' experience no Mama can resist. Soothe away aches and entice a sleepyhead mood. Suited from the third trimester and following baby's arrival.

Hypnotic Tribal Sleep 60m

Full body dreaming sleep massage supported with pillows in the embryo position, enhancing your muscular release and encouraging optimum rest, deeply inhale the power of the warmed fragrant petitgrain balm.

BAComplex (facial and back) 60m

Enjoy all the benefits of the ACTIF8 facial/scalp massage, combined with our glorious & celebrated back massage. The '517 Super Shots' together with warm Heal & Health Oil bring our dazzling fragrances and supreme application to make this a pleasure unsurpassed.

Beautiful Hero 60m

For the warrior in you! The 'tender loving touch' of warmth to comfort your soul, nurture your skin and lift your spirits. For those with sensitivity, fragile condition, and living with or recuperating from disease and sickness. A full body gentle application.

"Celebrating phase one of our new cutting-edge spa, with cloistered herbal float lounge & fireside treatment rooms"

Introductory Offer of £99 per person to include

- **One of the treatments above**
- **2 Course lunch or afternoon tea***
- **Use of robe & flip flops**
- **Use of leisure facilities**

Any additional treatments will be charged at £75 each (*Sundays exclude Afternoon Tea)

Lanelay Hall, The home of tRiBe Spa

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